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by Dr Marc Gafni

# Week 4 - Quality 5: Phantasy & Imagination

#### Part 1 - Introduction

The Sexual Models the Erotic, it doesn't Exhaust the Erotic.

A last little word of introduction: You have heard the word Wisdom? You have heard the word entertainment? So there is this new thing in the spiritual scene called Wisdo-tainment. I don't want to do wisdo-tainment with you, meaning

I really want to invite you to really step in now!

What we are about to do now it is so wild and it is SO gorgeous, but I want to invite you to step in. If you get a little uncomfortable, you haven't eaten in a while. But really relax, breath in and step in! Here we go! Stretch your body!

The Sexual Models the Erotic, it doesn't Exhaust the Erotic.

The four qualities of Eros that we have talked about up to now are:

- 1. Being on the inside
- 2. Fullness of presence
- 3. Participate, in yearning force of being
- 4. Wholeness, interconnectivity

We are now going to introduce faculty/capacity 5 which is:

#### **Fantasy and Imagination**

Shekinah is Imagination! Shrinta Damina in Aramaic. Shekina which equals Eros, so Eros/Shekinah is imagination. So the loss of temple consciousness is the fall of Eros, the exile of Shekinah..... therefore the Exile of Imagination.

Meaning, we have lost our ability to access fantasy and imagination. And I am using Imagination and Fantasy as similar words now.

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Let's track this for a second and then you begin to see quality five. You begin to see how this works and it's stunning. Just to give you a simple sense of how this works. When I say: 'Imagination and Fantasy are in exile. Eros is in exile. Where is it in exile? In the sexual.

Now let me proof to you that that is true!

How many people have ever been here at a New Age seminar? Some place, where they did meditation and it goes something like this: 'Close you eyes, you are in a great green medow, your eyes are shut, the medow is beautiful. You feel white light flowing through your body and the white now becomes purple and then you see your grandmother. And next to your grandmother is Pinnokio. And you had a deep opening right etc. You know what I am talking about right?

Now, I have led those meditations, then you ask people, how many people had an experience? And about three hundred people raise there hand! Let me tell you a little secret. About 275 of them are lying. That's just true! But we have this kind of New Age-inferiority complex: If you can't feel white light flowing through your body at the right time that becomes purple and red, you feel like you are somehow psychologically defunct and deficient and probably a bad person, suffering in this incarnation for sins in the last one, okay! So what you do is you just raise your hand and quite a lot of people have made up experiences to describe them, because you cannot be the only person in the room, who is not having this imaginative experience! It's just embarrassing, right.

Now watch for a second. I can do this in a gay-way, I can do it in a heterosexual way. I am going to do this in the heterosexual way, because I have not developed my gay capacity fully enough.

I am going to give you a different image of imagination and fantasy. Shut your eyes. I am going to address this to some of the men in the room and we will see if you can follow this! You could not follow the white light for 20 minutes, that was really complicated. You were pretending, this is an easier one:

You look across the room. You see her. She slowly opens the first button, the second button. You see the curve of her breast. Het nipple slightly pertrudes. You sense her arousing excitement, you feel the taste of her wetness....

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How many people have lost me? (laughter)

Isn't that interesting!! Meaning, Shekinah is imagination, fantasy. Eros is Shekinah is Eros. Eros is in exile. Where is it in exile? In the.... Sexual.

Meaning the capacity for Fantasy and Imagination is fully developed in the sexual.

And I could do the same exercise in a woman/woman perspective, or a man/man perspective. I am just afraid I get it wrong and I get in trouble. But it is the same thing, no difference. And I want to say it really clearly. One of the great movements we made in the world in the last 100 years, is that we have actually opened sexuality up to all of its possibilities. And I'd rather live in a.... Enough...©

So lets just follow this for a second. We have the capacity of imagination and fantasy, which is fully developed in the sexual and we can access it and it's beautiful. And had I gone on with that meditation for twenty minutes, every single person in the room, who that applied to, it would have worked perfectly for. You could have followed the entire thing. Why?

No one would have lost control, no one would have lost focus. No one would have lost attention. Because we are master of imagination! We are masters of Fantasy. But it is in exile. Why does that matter?

It matters, step 2, because **every major crisis in our lives, is not a crisis of resources, it is usually not a crisis of objective reality. It is a crisis of imagination!** We are unable to re-imagine the world differently the the way we see it. We are locked in a prism, we are unable to re-imagine our lives differently from the way we see them. And we are so stuck in that narrow prism, that we can't engage in a personal, social, psychological, political act of re-imagining reality.

The essential crisis that afflicts every single human being is a crisis of imagination, a fantasy. I can't re-fantasize my life. I can't re-imagine the possibility. You are a corporate consultant, you walk and what's the problem in the corporate boardroom. There is a fixed corporate culture and people don't know how to re-imagine what it

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might mean for the corporate culture to look different. We can fantasize and imagine in sexuality as great masters. But our ability to actually fantasize, imagine .....and I want to give you just one example of it to begin to touch it.

*I want to give you a corporate example. From the world of corporation. About 20 years* ago, I wanted to know what does the world look like, not as a teacher. It is just an important thing to know, because when you live the world in a particular way, you just have no idea how people actually live life! You are confused about what people really do. So I left teaching for three years and I became a strategic director of a venture capital fund. I worked with a close friend of mine who was buying and restructuring high-tech companies in Israel. I remember I had a particular client who used to study with me, who used to come to my teachings. He must have thought he is probably a good consultant, so they hired me to fix this problem. I have to tell you I had no idea what to do as a consultant. I mean none. In this particular problem was, if you are familiar with the high-tech world. In this world particularly in Israel there is lots of new technologies. They are developed in the defence industry and they then get scrapped. In this case there was a La Vie-fighter plane that got scrapped. There were lost of very sophisticated technologies and they had all these technologies but nothing to do with them. Thank God. Remember that prophecy to reforge your swords into ploughshares? So the wanted to apply these technologies, so you start a high-tech company!

So all these pilots all over Israel, starting little high-tech companies who where great at technology but had no idea how to run a company. Now whenever you are doing a high tech firm and new technology, you know that someplace else in the world there are four other people doing the same thing as you. And you have a first round of what called venture-funding. Your got your first round of funding, your first couple of million dollars. And if you don't actually get your product to market in that window before your first round of funding kinda runs out, you are in trouble!

So there was a little firm in a town called Ramat Gan in Israel that had this fantastic technology and there problem was they could only afford offices on the fifth floor of this very old, ugly, smelly Ramat Gan building and the creative team worked on the top floor. There was this little elevator that you had to go on every day and squeeze in. It was so repulsive, that by the time you got to the top floor you just felt bad. Like really?? And it sounds like a dumb problem, but it wasn't. Because there is something like, when your creative team is not exited and you're trying to close three or four problems

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and you know there are four other people with the same technology someplace in the world. And you have got only half a million dollars left in your venture funding and you have got to get to market, you are in crisis!

So I am hired to solve this problem. So I go and I sit at the meeting and I listen and I try and look as wise as I possibly could, because those of you who are consultants know that's part of a consultants job! So I am sitting there trying to look wise and I am thinking to myself: 'I have NO idea absolutely what they should do!' So two days of meetings, three days of meeting, I do all the things you do in a company. I have no clue! I get home and for fun I say to my son Eytan, he is seven years old: 'Eytan we have this problem and what should we do?' He says: 'Abba, that's stupid and he walks away.' Which was helpful. So we spent Sabbath together and in Israel you work on Sunday. So

I get up Sunday morning to go and I say: 'Eytan, you haven't help me at all.' I was teasing him and he said: "Leave me alone! Cookies!' And I said thank you Eytan that was really helpful... cookies! And I get there and I am basically going to tell them I have got to let it go. I have no solution! And literally as I walked into the meeting, I realized what Eytan meant! He was totally right! You see, all of our focus was on the elevator. They did not have money to move. Fixing the elevator was to expensive. Moving all the equipment, it could not have worked.

But what Eytan, just as a child, understood was that the issue was not the elevator, the structure. The issue was, what's the experience of the people going up the elevator and how do they feel on the top floor. So what did we do? We spend about 10.000 dollars. We got the best bakery in Israel. We got little massage chairs. We got the best freshly squeezed juice. And when you would walk out of the elevator on the top floor, you would walk out tot his array of these gorgeous smelling cookies, little massage chairs where you could get a massage, you'd have these freshly squeezed juices. The entire thing costs 10.000 dollars. The entire creative team completely shifted, because you would get into the elevator and what are you thinking about: Cookies!! Of course. And I just want you to know the company went public and did unbelievable well!

What the point is, it is a shift in imagination. I was in my adult mind completely focussed on how to solve this little problem. And Eytan as a child, he just said: 'No, Cookies!' And he completely shifted the focus, accessing the power of imagination

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and re-imagined the entire story. That's is powerful.

### Part 2 - Every crisis is a lack of Imagination

The child in us has the ability to dream. The child in us has the ability to re-vision. What happens is that at a certain point we lose that wisdom of the child. We lose it! Remember Harry Potter? My son never read a book until Harry Potter came out. And when Harry Potter came out, what did he do? He started reading every Harry Potter book from the beginning to the end? Now why?

We say to children, don't worry it's just your imagination! You know that phrase? The child has got it completely right and you say, don't worry it is just your imagination. And what are we saying to the child? We are saying dismiss your imagination. But what happens is something contracts in the child! Something contracts. And the child begins not to be able to see openings. Where openings exist. And we become adults and we lose the power of fantasy!

What would it mean to fantasize about a world where there is no hunger? Not distract but to phantasize. To access the sacred power of erotic imagination. What would it mean to actually, not thinking in terms of numbers, but think in terms of the spaces between the numbers. So the Voice of God –the god you don't believe in doesn't exist- speaks from between the cherubs. And the world goes to see Harry Potter because for the first time children say: 'O this honours me!' You get that? This honours me! This honours my capacity for imagination. This honors my capacity to dream dreams that you can't see. This honours my sacred creativity that gets crushed because we have exiled fantasy, imagination into the sexual. And then Harry Potter and no one knows quite why, becomes the biggest selling movie for children in all of history! And it changes something in a generation.

#### **Movie Harry Potter**

Now look what's happening. He is trying to find his way in! He wants to go to the land of imagination. And he finds his way in and what is he supposed to do? You're supposed to walk straight into the wall!! Now what normal, sane, adult, rational person would run straight into the wall? And what does Harry Potter do? He runs

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into the wall! And the wall opens up. A new possibility is created.

And I want to offer you the next step. Now stay with me and we are going to practice this and we are going to do practices. But stay with it so we can feel it happening.

I want to give you a definition of what you can't define. If someone would hold a 357 Magnum to my head and they happen to look like Clint Eastwood. And they'd say: 'Make my day!' And they said: 'Tell me, define God for me! And if you get it wrong, I shoot'. So giving a long Dharma talk would not work. Citing some sumotheological piece will probably get a 257 Magnum splatting your head on the concrete. So I will tell you what I would say. I would say: **God is the Possibility of Possibility.** You get that? Spirit is the possibility of possibility. The possibility of possibility. Wow! You know people say: Feuerbach (where is Mauk), this gentleman hanging about a 150 years ago, who affected everybody in this room says: 'God is just a figment of your imagination'. You het that word figment. Meaning God is an expression, a figment of your imagination. And Feuerbach said God is a projection, god is a figment of your imagination!

But listen to this: Your Imagination is a figment of God! God is a figment of your imagination.... Of course is God a figment of our imagination!! But our imagination is a figment of Spirit. And our ability, our capacity to imagine is not a childlike capacity. The capacity of the prophet, the prophetic imagination is called by Hoshea: 'In the Hand of my Prophet I am Imagined'

The faculty of prophecy is the faculty of imagination! ..... and each one of us is a prophet. The imaginative faculty writes Ibn Arabi, the great Sufi-teacher: The imaginative faculty is at the essence of Rumi's teaching. It is the capacity to imagine. Not as a child, who has been told it is just your imagination! When we say imagination, it's just your imagination, we say it is not real! It is just a fantasy. NOOOO! Of course God is a figment of our imagination! But our imagination is a figment of God! In the hand of my prophet I am imagined. I begin to redeem and reclaim Eros. And Eros is the ability to fantasize. It's the ability to imagine a completely different possibility.

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How many people here in the room, work in some sense in healing. Whether as a consultant, whether as a psychologist, as a therapist as a teacher? How many people? So this story is for you and it is for everybody. And it is a story about my teacher. I have three or four major teachers, all of them died about a 150 years ago. Which gives you a little more room in the world. And it gets you in some trouble.

And this one is named Nachman of Breslov. A holy and awesome teacher. And one of his most important teachings is about the son of the King. And the son of the King is apparently insane. Therapeutically beyond repair. He thinks he is a turkey and he sits naked under the table in the kings' palace.

And the king has his entire future rest on this son, but his son sits naked, saying he is a turkey under the table. So they go to every therapeutic possible. And again they took Marijke's course and they took the Centaur course and they did Intimate Moves. They did the most awesome courses in the world, which I hope everyone is going to participate in, because they are awesome. But for this particular son, he was still a naked turkey under the table.

So finally this old unknown person, wise man comes, this Merlin kind of figure comes to the palace and says: 'I'd like to work with your son!' He has tried everything, every body-centered, Gestalt, Feldenkrais, Alexander, Freudian, Neo-Yungian mixed with a little bit of Reich. And they did core-energetics and just nothing is working. So this old person says: 'I'd like to work with your son' and they say okay. Because the king has no choice. He has tried everything. So then this old man strips naked and he gets under the table with the son. And the son looks at him and says: 'What are you doing here'? And he says: 'I am a turkey!' Son looks at him and says: 'I guess, okay I mean I am turkey, you're a turkey.' So they sit for a couple of weeks, as turkeys do, naked under the table talking to each other. And then about two weeks go by and the old man, the naked turkey says to the other naked turkey: 'You know it's a little cold here.' And the son says: 'Yes, turkeys are cold.' The old man says: 'Well actually I am going to put on a shirt!'

And the son says: 'You are going to put on a shirt? You are a turkey, you are naked turkey?!' And the old man says: 'Why can't a naked turkey wear a shirt?' The son feels that is little bit inappropriate but can't quite think why and says: 'Okay!' And the son figures, there is a naked turkey wearing a shirt. I'll put on a shirt too! And little by little, they get fully dressed and come out from under the table.

And the son becomes the greatest ruler in the kingdom ever. With a great political

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imagination. With brilliant will. Because what does the child understand? The child understands that there is a lack of imagination in the kingdom. And when the child feels the pathology of the kingdom in its policy, in its strategy, in its real politic, the child says: "I am a naked turkey under the table.' And then we try and make the child sane. But actually the child is the only sane person in the kingdom! Because the child actually understands that there is a failure of imagination. There is a crisis of imagination. Until some great healer comes and says: 'O, let me enter in to the world with the child and recognize his brilliance'. And then begin to evolve imagination to a faculty that actually transforms reality. That's powerful! That's holding forth a vision.

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### Part 3 - The Feedback loop on Eros & Sexuality

Now let's go the next step and the next step is where it gets wild! Now let's bring the sexual in to play. So I want to read you a sacred text, that tells the following story. It's from the second century and it is one of the most stunnig sacred texts that I know. I remember reading it the first time 25 years ago and literally, I did not quite get it and I read it again and again. And again until... Ahhhh and it just blew through my body. Here is the sacred text:

'They are building the temple and the first temple is the tabernacle in the dessert in the ancient biblical mystical story. Now you have heard of the Mormons in Salt Lake City? They have the Mormon Tabernacle choir! Remember Donny Osmond, about 40 years ago. Who remembers Donny Osmond? I met him once, he lives in Salt Lake City and he is singing in the Mormon Tabernacle Choir. Blessings to Donny Osmond.

So the Tabernacle was the Temple. Just another word for the temple. Sop they where building the temple tablernacle. Now remember. The temple, this is an esoteric, a mystical text....so it took me ages and ages to really.....aaahhhh THAT's what it is... So the temple is the seat of what? Of Eros!

So here is the conversation. They are building the tabernacle and they ask for collection. The need to raise funds. So they have a fundraising campaign to build the temple. So the women bring to his campaign these very sexy mirrors. And the mirrors have these sexual shapes and these are called: 'The Mirrors of Desire.' What happened was in this mythic mystical story, where you have Spartacus and you have slaves. Ad there are slaves and there is this Egyptian great Myth. And in the old world no one ever broke out of slavery.

The entire Exodus story, the great mystical myth of Exodus is that you can reject the status quo. You can re-imagine a new reality. That yesterday does not determine today. The greatest slave-driver in the world is the believe that my yesterday determines my today! And to shatter that tyranny is to begin to re-imagine your life.

And the men are crushed. The men are slaves. They are in the fields and they have

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no political will. They can't organize, they can't rebel, they cannot do anything, they are crushed. The women, as is always true in slave cultures are separated from the men. Couples are broken apart and sexuality is against the law. So the women steel out, secret into the fields and they create these beautiful sexual toys. Which are mirrors that show sex played in different dramatic ways. And everybody knows that when you use a mirror in sexuality, it does something. It shifts your perspective. You see something. So the women aroused the men to passion through these mirrors of desire. And what they say is: 'look my breast is more beautiful than your cock' that's the text. And the men say: 'What do you mean?' And they begin this teasing kind of conversation until the men are aroused by the mirrors and they actually enter again into sexuality. And then the text says: 'and then (the last six lines....and these are the only sis lines that are ever quoted, because no one who quotes them knows the source..... the end of the six lines is..... 'In the merit of the righteous women of the generation, the liberation from Egypt happened'. So everyone cites that text in all the ultra-orthodox world and every one imagines these heavily covered up women, who are righteously praying. And they are praying and they are causing liberation. You actually find the text, what it is these radically sexy, erotic women, who go out and seduce their men with these sextoys that they made at home. And by seducing their men and arousing them, as awakened sexual lovers, they then aroused their political will. They then aroused their Eros in life. You see it is a feedback-loop, it works both ways.

Yesterday we said, in order to be an awakened lover sexually you have to be erotically awakened ad engaged in your life. But actually, the loop works in the other way as well! When you awaken the fullness of your sexuality and when you experience your potency and power as a man or as a woman, and potency has nothing to do with an erection – potency has nothing to do with sexual technique, you can be a potent lover in a billion different ways..... as Rumi said: there's a 1000 ways to kneel and kiss the ground, there's a thousand ways to make love. But when you awaken the potency of the masculine and the feminine, through the mirrors of desire and they become active potent, sexual lovers, it awakens their Eros, their Erotic quality of imagination and they begin to re-imagine a world in which they are not slaves. And in the mystical tradition it was that sexual awakening, which then caused a political awakening, which then caused the liberation! Wow. And you begin to see the feedback-loop.

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And that's what Reich understood. That's what Reich understood. He understand that actually when you awaken that energy, that is the energy of life itself. And when you awaken that energy as a sacred intimate, it's the most sacred work in the world. Because you are re-awakening the Divine Force. And then that Divine Force, that Erotically engages reality and changes and shifts the entire course of destiny. Wow! That is powerful.

So you have got to hold out a vision. That is what Martin Luther King did. Martin Luther King held out a vision of a dream. He did not have a policy. He didn't strategically know how to do it. What he did is, when people gathered from all over the United States at a time in which segregation, in which oppression is essential, and he said to the world: "I have a dream!' And what does I have a dream mean? What does it mean. Tell me what it means!

It means I have a fantasy! I have a dream means I have a fantasy! I am imagining a different reality. And I can't tell you how to get there. And he said right before he died, he said I have been to the mountaintop and I have seen the promised land and I may not get there with you, but you are going to cross. Because the journey doesn't end, because Mozes never gets to the promised land.

But each one of us is carrying the dream. We are carrying a piece of the fantasy of the evolutionary lover. That's what an outrageous lover does. The outrageous lover is carrying a piece, a dimension of the dream. So let's see it. Hold Silence of Presence and see it as e meditation, as a vision of Erotic imagination.

Reclaimed fantasy that shifted reality: I have a dream!

#### Part 4 - WE have a dream

Our dream. WE have a dream. We have a dream that in a world where millions of people go to sleep at night, in a word where two billion people live in object destitution. A dream in which mental hospitals are filled and the world is filled with people broken, without any sense of their value and their goodness. WE have a dream! Here in this room! We have a dream that every person has an infinitely dignified Unique Self. We have a dream, that every person in the world has a story. And that story is valuable and its worth living. That story should be received, that story should be honoured.

WE have a dream that every person in the world should know what it means to live in Sacred Eros. WE have a dream that every person wakes up and says: 'I am an Outrageous Lover! And I have Outrageous Gifts of Love to give.' That every person wakes up and knows I am needed by reality. Reality is missing when I am not here. WE have a dream, that the brokenness and the shattering and the destitution and the poverty can end, not because of government made it end, but because WE made it end!

WE have a dream, that this Mystery-school that we are starting here together, that has a 150 people in this room, next year has 500 people and the year after has 5000 people and the year after has 10.000 people. And that teachers come from all over the world and that we model in the world what does it mean to be Outrageous Lovers. To commit outrageous acts of Love.

WE have a dream!

What does it mean to liberate imagination that is in exile! To have a fantasy about what's possible, about the kind of world we can create together.

And you know what the only thing in the way of that is? The believe that it is not possible! The only that stands in the way of that, is the exile of Eros! WE have a dream, that we can actually change the source code of reality. That we are evolution awakening AS US in this room!

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And the every person, every single person in this room has wisdom! And I know that I could sit at the feet of any person in this room and learn deep wisdom for a month! Deep Wisdom that I don't know. Perspective, insight, knowledge, understanding. That every person in this room is an outrageous expression of gorgeousness, of stunning beauty, that never was, is or will be!

WE have a dream of a world that every child in the world, seven billion people in the world, each one of them knows I am an Outrageous Lover, and that my specialness is not at the expense of your specialness. That we can actually both be special, alive, awake, outrageously awake together. That we can each give our Unique Gifts. It happens in the most basic level in the world where an ant colony has no king. It self-organises through the love-intelligence that inheres. Imagine a world in which we chose to live Unique Self. We choose to give our Unique Gifts. We choose to expand beyond the contraction. WE have a dream! We are not waiting for Rumi, we love Martin Luther King. Martin Luther Kings' Unique Self was to be the son of a black minister raised in the Civil Rights Movement, to speak in 1963 and be assassinated in 1967. Because the country couldn't hold the dream. And then there is a black president in America, Barack Obama..... OMG. But that's not our dream. We support HIS dream. We're inspired by his dream. But he is not Rime, WE are! We are not here to applaud his dream. We are here to support his dream, but we are here to BE the awakened dreamers. And then there is something in us that contracts, that resist. It is not possible, how could we do it. Where are the resources.

So I'll tell you a Holy secret. There is a limit in resources, we have limited resources. We have Infinite Creativity and Information and Imagination! We have infinite imagination, we have infinite creativity. The one resource in the world that's not limited is fantasy! Fantasy. To fantasize about what's possible, to fantasize about that world in which people don't awaken every day and feel the blackness of the hole. The blackness of depression, the blackness of brokenness. WE have a dream of a world of broken hearts and broken vessels, of which we can dry up every tear. And each person in this room, each person listening around the world has a Unique Gift, a unique fantasy to live. A Unique Erotic expression that can be done by no one else in the world.

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If I, Marc Gafni try and give the gifts of Mauk, my life is destroyed. I can't do it. I can't run the Centaur training. It is not mine. But the Centaur training should not have thirty people in it! The Centaur training should have 500 people in it! Intimate Moves should have 500 people and then 5000. Then Marijke's training and Pauline's and then the whole thing begins to happen, because you have created a vortex of energy, where people believe in the dream. And believe in the possibility of fantasy and believe in what's possible. We are so convinced it's impossible. And underneath there is all this struggles and we are able to move beyond the struggles and hold the vision and hold the dream.

That is what is means to liberate the Goddess! That is what it mean to liberate the Divine Feminine! That's what it means to liberate Eros. That is what it means to increase in imagination is an increase in Soul. That is the great art of our lives, that is the great tapestry. That is the great creation.

So I just want to ask you, to hold it for a second, shut our eyes for a second. (and if I said anything that offended you, forgive me. Press delete on Gafni, but hold the dream).

Hold the dream, because if you think there is someplace else in the world where this dream of Outrageous Acts of Love is going to come from? You are wrong! This is ours, this is our dream, it's our vision, it is our possibility of possibility.

#### Part 5 - The Power comes from within

So you are in the race and the coach, Chariots of fire, says to the person who asks him, he says: 'Little can go for a hundred yards. 200 yards then he gives up. That's what he does'. And Little says: 'Where do you find the power to finish the race?' which means to transform, which means to break through, which means to open up. Which means to awaken as an outrageous lover, as an evolutionary Unique Self.

Where does that power come from? It comes from within. And so find that place within. Say your own name.

I say my name; Marc, find that place within'. Find it inside. I can't give it to you. In the old world we said, let the teacher give me the transmission, and I'll be there. Now I come from the lineage of transmission. I'm going to give you every transmission that my lineage has to blow your hart open. But I can't do it myself, the Sangha can do it. The community can do it and the community is made up off individuals. In every single person here, is awakening to evolutionary Unique Self but Evolutionary Unique self doesn't leave separate self behind. There's also separate self and that's legitimate. And there's lives and there's worlds, so find that place, that little place that's contracted. We want to chant in that little place and open it, as we start this morning.

Now sometimes someone will be for a few days in emptiness. That's ok. You give yourself permission, I don't need to be someplace else. Another person might be kinda worrying about; let me make sure I defend the divine mother. Don't worry about it, were taking care of her. Shekinah, Eros is the Divine Mother. Another person might say, I'm ecstatic but can I hold it for another day.

I actually want to begin this morning in what you might think is a strange way, why don't we just chant and jump into the morning. Because we have to stop for a second, and find ourselves, it's day 4. YOU are the guru. YOU are the person running the race. YOU have to find that place within, were you can breathe through the contraction, and re-open your hart as if you walked into the room in this moment. And just let your hart open. For me I feel it in my voice. I said to someone briefly yesterday about then years ago I had a doctor's appointment. I've lost my

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voice for many months, and the doctor said "you will be completely fine, just stop teaching, you can't speak publicly, it won't work. If you continue teaching you will lose your voice for ever, you would not be able to speak". I thanked the doctor very much and left the office. So for me on the fourth day I actually struggle with my voice. Kind of a big struggle. So one of the reasons I kind off meditate during the day is if I would chat during the day my voice would disappear. So I'm just sharing with you my little struggle. Physical struggle and everyone's got there piece of it. And this is where the breakthrough happens, this is where it starts to get exciting, right. When a whole room of people finds that place and says "I'm gonna breath through that contraction, and I'm gonna open my hart again, and again, and again in sustained fuck".

That was the teaching yesterday. One great night, awesome, two great nights, three great nights, awesome, four, what was your name again? Sustainability, to open a field, to Love our Way to Enlightenment. We create a sustained field in which every person takes radical, individual, responsibility for their heart. Once you do that, then we step into the field and every master and every great teacher and every Einstein of consciousness and every ounce of our hearts transmits into the field and we create a space together in a way we couldn't by ourselves.

The Buddha and the Sangha work together and we blow open the field and then we begin to spread beyond this field and something begins to happen in the space of the Unique Self symphony and a viral wave of outrageous lovers begins to move. But it happens through individuals. You all have fathers and grandfathers to the best of my knowledge, most people do. There was one person who claimed not to have a mother, he started a religion and that did what it did. So my parents are both European and they both were in Europe during world war 2 in Poland which is not a story for a Tuesday morning but it was a bad place to be. Bad neighborhood. They were the only one of the six, seven people of our family of a couple of thousand people who made it out of Europe alive. My Grandfather was a partisan. Who is actually killed early in the war. Betrayed. He was with the Polish partisans and the polish partisans themselves betrayed most of the Jews in their ranks. So he was kind of betrayed and before that he wrote some stuff which was great and one of the things he wrote was about how the partisans worked. How the resistance worked during world war 2 in which basically every single individual person had to make a

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decision to be a hero. Because before the resistance could organize was basically individual people who said "you know what?, I'm gonna say no". Without even connecting to each other and is that sense of individual heroism that then came together and formed a resistance in France. Holland had its own beautiful story. All over the world were people that resisted something that was crushing up hearts.

So were thank god not in war, were in a moment of liberation. No one is extra in the room, that doesn't mean that everyone in the room needs to be in the same place. That 96% of us are kind of in very, very similar deep field of energy. I'm in that field. And there's a few of us who aren't and that's perfect. Someone said to me right before I came in, he said "I need to talk to you for a second", and I just literally needed that last minute to prepare and I said "if you just ask Chahat she will make time", and his eyes said "no no no, that wasn't possible". So we talked for a minute, and that person said "I'm not there, my hearts broken". We looked at each other and he smiled at me he just opened my heart and I said "that's ok, it's ok". So where ever you are in the room, it's perfect. Everyone is here and we're going deep, deeper into Eros today and were going deeper into the sexual models, the Erotic. We're going to open hearts on a whole new level and were going to do it from the inside. There is a enormous distinction.

I want to give you two words, enormous distinction between frenzy. You know the word frenzy? Frenzy is like Tadaaaa, tadaradarattata. That sounds like frenzy. And ecstasy, we build, we slowly build and it comes from the inside. So that's the invitation. In order to actually make this dream happen. We actually have to, Martin Luther King gave a speech, Martin Luther King fought through a decade. They tried to kill him in the late fifties, he was stabbed during a book signing. Then within a civil rights movement, right before Martin Luther King was killed in 1967. MLK was in the civil rights movement, one of the most hated men. No one tells you this story. People were furious at him, people wanted to remove him. The politics were beyond imagination, you can't even imagine what was going on in this civil rights movement and he was struggling and fighting every day.

He was fighting the Malcolm X people, he was fighting people in his movement, who thought he was making a thousand mistakes. He was fighting the FBI, who were recording all the women he was with in hotel rooms around America. They

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wanted to send it to his wife or put it on national TV. That literally what he was dealing with, that was his life. He was having this incredibly insane, complicated, wild difficult life and when he was assassinated, in some sense, everything shifted. So our goal is not assassination. That is not the goal of this seminar but the goal is to understand to actually have a dream, you have to hold it and work it. And when we hold it and work it and we step in, we step into The Field. Then everything shifts. Then everything happens. And whenever were talking about sexuality and Eros, there are always pieces of denial. We kind off deny this and deny that, we kind of block this out and block that out, but in the end everything comes to The Field.

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## Part 6 - A story about denial

My favorite story about denial is from Isaac Bashevis Singer. Who won a Nobel prize for literature, he wrote a famous book called 'The Slave', are you familiar with it?

About denial, about how you don't bring everything into the room. It's about a father and a son. And because ego and Unique Self always work together I want you to laugh anyways. Thank you. So the father says to the son, "I've got a little problem with your mother". The son says, "What's the problem?" and the father says, "well I'm afraid you're mother might be having a affair". Already this is a funny thing to say to your son. And the father says, "now son, this is what were going to do, I'm going on a business trip, you see what happens, when I come back you tell me". So the father goes on his business trip, when he comes back he says to his son, "what happened?" he says, "Daddy, I have very bad news. As soon as you left this man knocked at the door and he was this big strong Danish man. He looked very strong, mother was excited to see him when she opened the door. Mother brought him into the house and she let him sit on your favorite chair. Then she brought him your favorite cake and fed it to him. After that they started hugging on the couch. And then daddy they went to the bedroom and they shut the door, so I went to the door and looked through the keyhole. I saw them taking their clothes off. His father interrupts and asks, "what happens next?". The son says, "well daddy I don't know, they turned off the lights", and the father says," Oy, the doubt will kill me!".

So that's a failure of imagination. So when we open our hearts, we don't open our hearts by bypassing, we bring everything in. All of our heartbreak, all of the pain, all of the story and from that place we ask the question, "I want to know what love is?". So we have the text of a prayer in front of us and let's actually do this prayer with all of the heartbreak and all of the pain. Everything, it's all there. And with this place we pray and we move into this day.

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### Part 7 - Recapitulation

So day 1, we awaken to be Evolutionary Unique Selves, Outrageous Lovers. And the key is to understand that Evolutionary Unique Self equals Outrageous Lover. Does everyone gets that now? That's unfolding in the dharma, that understanding. So an outrageous lover commits outrageous acts of love that emerge directly from their unique self. No explanations now but separate self, true self, unique self, evolutionary unique self, outrageous lover, committing outrageous acts of love. A unique expression of the love-intelligence and love-beauty that initiated all that is, that lives in you, as you and true. That never was, is or will be ever again.

Day 2, so who are we? Now is the end of day 1. We've answered the question of who am I, who are you. And I want you to get the difference. There's a beautiful exercise, and this is for just a few people in the room that will track this. And everyone will get it but a few people will track it in a particular place. There's a particular exercise by Ramana Maharshi, which is a who are you exercise. It's a True Self exercise. So you sit with a partner and you say; 'who are you?', and repeat it until you get to silence. Cut trough the identity of separate self and arrive at true self, were I realize, 'who am I? True Self'. And you fall into silence but as I wrote uncle Ramana a few days back. That's only half the exercise. So first, a deep bow to Ramana Maharshi, a deep bow. And then we go forth, that's evolution.

To Ramana Maharshi the entire story was to fall into Being and that's precisely half off the story. Ramana Maharshi never dreamed of the evolutionary impulse. For Ramana Maharshi the evolutionary impulse, that whole movement to change was part of the egoic structure. Was part of the separate self and what we understand from deep in the wells of Kashmir Shaivism, if you read it very carefully, deep in the wells of Simeon Bar Yochai, my master in the second century, deep in the wells of evolutionary understanding, as Alfred North Whitehead wrote; 'there's both Being and Becoming'. In Kabbalah we say there is both Ayin, which is Being, and there is Yesh, which is Becoming.

So after I awaken as evolutionary, as I awaken as True Self, so after I awaken as True Self, after I say 'who are you?' and the answer is silence, then out of the silence comes speech. You hear that? That's called in the ancient traditions, and again I'm not quite teaching the ancient tradition. I'm evolving ancient tradition, receiving and evolving

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as were in this conversation. So in, what's called the Secret of the Chariot, which is the account of the chariot and the book of Ezekiel. The great mystical master, that's what is called Chashmal.

And it's called Sod Ha-Chashmal. It's the secret of Chashmal. Now Chashmal means in Hebrew electricity. But it's not by accident even the people who created modern Hebrew were almost unconscious of the association. Chashmal... chash, means silence, mal means mila, word.

The Silence that Creates the Word. In original Hebrew the word for medaber is the speaker. The same four words are midbar the silence dessert. So the Silent Dessert, creates the word. So I move from separate self to True Self and I do the Ramana Maharshi exercise. Or I do the satsang exercise. Which is; 'who are you?', and the answer is; 'who's asking?' Complete silence. Who are you, who are you, you get through al the separate self identification and then you realize silence. That's Chasj, the first step. The second step is Mal, the word and it's the word that comes from the silence.

Now, I want to feel the difference with you. When you speak to someone, you can absolutely feel the difference between words that come from words or words that come from noise and words that come from silence. You feel that.

Because words that come from noise seek to cover up the un-comfortableness of the silence. That's what we call: 'Silence of Absence'. Silence when you are just desperate for words. You are with someone and there's just nothing left to say and you are searching for something to say about anything to cover up the silence.

Then after you are in the silence, you then emerge out of the silence into words again and that's an erotic conversation and the words flow and you talk for nine hours and it seems like nine minutes went by and every word was perfect and every interruption fit like a symphony, Chasjmal. The words that come from the silence after I realize True Self, I then awaken as Unique, as Evolutionary Unique Self, as an outrageous lover. Who writes outrageous love letters and tomorrow we will again ask people in the morning to bring outrageous love letters. Just to show up hands, how many people sent outrageous love letters to the website. Ok, a bunch. I know a lot of people don't have computers, we gave you yesterday the wrong address of the

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website so before we finish today we give you the right address because in great mysticism the right address is always good for connection.

So we will do that and hold the energy of end of first day when we say; 'who are you?', the answer of this question doesn't end in silence. Who are you, who am I?

I am an Outrageous Love Letter. I am an Evolutionary Unique Self. I have an irreducible gift. The gift that no one else who ever was, is or will be can give other than me. Who are you? I'm an outrageous love letter. That changes the world.

So day two. Day two the question is: 'Who is our teacher?' Who is our teacher? Our teacher is the Shekinah, the Divine Mother and the divine mother appears as the Lover and the Beloved. The divine mother appears as masculine and feminine, as man and woman. The divine mother embraces the outrageous sexual and the warm nourishing embrace. She is Shekinah, the divine mother is and we begin with step one; the temple. The temple mysteries, the grail quest. The temple is identified with the sexual. Step two we said: 'No, the temple is Eros'. And we looked at the Four Faces of Eros on the inside, fullness of presence, participating in the yearning force of being and wholeness, the interconnectivity of the all with the all. The four faces of the erotic.

Step three we said; 'If that's true then why don't we have the Zen-mountain climbers above the ark. Why do we have two sexually intertwisted fucking cherubs above the ark of the covenant, raiders of the lost ark, that ark. We said, step three, because the sexual is our teacher, the sexual models the erotic, it doesn't exhaust the erotic.

And then we went through and unpacked that teaching and we realized that Freud got it precisely wrong. He got the intuition right and switched it. For Freud, everything in the world is reducible to sex. Everything is but a metaphor for sex. For the great evolutionary mystic, who feels the Eros of the yearning force of being, sex is a model for everything else. So therefore the sexual becomes our teacher! The sexual models interiority. Being on the inside, not on the inside of your partner but on the inside of experience, on the inside of the chant. And if we begin a chant together and we feel like we're on the outside, we stop making love. We say hey, let's chat a little bit, let's find a way to the inside then let's chant and make love in the chant. That's what we did.

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And then two; 'Fullness of Presence', which is the opposite of addiction, I'm willing to stay in the emptiness. Stay in the hole until the hole fills up with my evolutionary unique self.

Three, I participate in the eros which is the yearning force of being. I'm yearning the grow to emerge. It's not the urge to merge. It's the urge to emerge.

Four wholeness, interconnectivity. There is no separate self. I've got to break the boundary of separate self in order to realize True Self, Unique Self, Evolutionary Unique self, outrageous lover. Finally, we added, there's a exile within the exile. If I'm not a boundary breaker, if I'm not living erotically in my life. I'm not breaking the boundary of my contraction, of my small self, awakening as an outrageous lover then Eros is in exile the Shekinah, the mother is in exile, the lover is in exile, the Shekinah is in exile. The Shekinah equals Eros so Eros is in exile. Eros is in exile where? In the sexual, so were am I going to find boundary breaking? In the sexual. Because I'm not boundary breaking any place else in my life. So the only place I am boundary breaking is in the narrow sexual and the sexual collapses because it can't bear the burden of the erotic. I have got to live erotically in every dimension of my life. Living on the inside. The yearning force of being. Fullness of presence. Interiority, wholeness. Boundary breaking of small self. When I live erotically in the rest of my life and I turn to the sexual then I become an outrageous lover in the sexual. Day two, day three.

On day three we said; 'Ok, what's the fifth quality of Shekinah?' Which means, what's the fifth quality of the erotic. Eros, and we said Shekinah, Eros is Imagination.

Eros is in exile. Imagination fantasy. So imagination, fantasy are exiled in the sexual. We can access them easily there. We should access them there. We should work with them there. We should take a seminar on Intimate Moves to know how to work with fantasy. And how that becomes a part of my life, that's a critical practice but then I have to liberate. I've got to liberate fantasy and imagination. I've got to do a 'Fundament training' and a 'Centaur training' and I've got to know how to liberate fantasy and imagination. And I've got to be able to join a community. Where I know how to live erotically in every facet and dimension of existence. I know how to dream, how to find political will, strategic will which is Eros. And I fantasize about a new world. When I fantasies I dream about a new reality.